COMPONENTS OF A HEALTHY AND DIGNIFIED LIFE

Pillars of Waste Pickers' Health

- ✓ Physical well-being
- ✓ Emotional well-being
- ✓ Good nutrition
- ✓ Access to Information
- ✓ Socio-economic security
- ✓ Recognition

Components of Healthy Workplace

- ✓ Organized workspace
- ✓ Adequate infrastructure and equipment
- ✓ Adequate and durable protective equipment
- ✓ Ventilation, proper lighting
- ✓ Common spaces

Holistic Understanding of Waste Pickers' Health

Important Allies

- ✓ Municipal, state and federal governments
- ✓ Health professionals
- ✓ Communities
- ✓ Businesses/Generators of waste
- ✓ Research centers on ergonomics, architecture, planning workers' health

Important Attitudes among Cooperative Members

- ✓ Respect for others
- ✓ Solidarity
- ✓ Friendship
- ✓ Patience
- ✓ Recognition for co-worker

Important Attitudes within Cooperatives

- ✓ Better Hygiene
- ✓ Organized workspace
- ✓ Respect for others
- ✓ Spaces for dialogue
- ✓ Breaks to stretch
- ✓ Breaks to drink water and eat
- ✓ Breaks to go to the restroom
- ✓ Understanding

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Women in Informal Employment:
Globalizing and Organizing

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Waste Pickers' Health Risk Mapping

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